



## Improving Alzheimer's Disease and other Dementia Care through Health Literacy

Attend a **FREE VIRTUAL** workshop to help those you care for.

**Caregivers** and **healthcare professionals** are invited to this 90-minute virtual workshop using Zoom.

Learn:

- Techniques to improve your communication and interactions with those who have dementia.
- How to help those with dementia better understand health information, which can improve overall health and well-being.

**When:** Tuesday, September 22

**Time:** 1:00 – 2:30 pm

**Where:** From the comfort of your office/home

**How to sign-up:** Call the ADRC by Sept. 8<sup>th</sup> to register, 715-528-4890



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