



# Florence County Health Department

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## NEWS RELEASE

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### **FLORENCE COUNTY AODA/MH COALITION VIRTUALLY HOSTS GUEST SPEAKER MIKE MCGOWAN**

Middle school and high school are a time period of almost constant change. This school year is different only in that the changes are different. We need to be patient, flexible, responsible and kind to succeed. While we try to have a positive attitude, we need to ask for support when we need it. Data shows us that our youth are struggling with mental health concerns and are unsure how to ask for this help.

The Florence County Alcohol and Other Drug and Mental Health (AODA/MH) Coalition hosted guest speaker Mike McGowan on Thursday, September 17<sup>th</sup> with grant funding through the Partnership for Success grant. Mike McGowan, who has made presentations to the students at Florence Middle and High School in the past, and who speaks to over 100,000 students every year in over 140 schools, connected with students, teachers and community members about all of these topics during the virtual presentation. This year, as all years, Mike reminded the students “it is what we make it!”

Florence County Health Department can be reached at 715-528-4837, located in the Courthouse at 501 Lake Avenue or visit our website at <http://www.florencecountywi.com/>. The health department is located on the second floor, 501 Lake Avenue in the Florence County Courthouse, open Monday through Friday from 8:30a.m. - 4:00 p.m. closed for lunch from 12-12:30.

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